

**RAINBOW MESSENGER**  
**MARCH, 2006**

**DAILY ACTIVITIES:**



**WALKING** - In climate-controlled banquet room, twenty-five (25) laps equals a mile



**Outside Walking Trail** - 1/3 Mile



**FITNESS ROOM** - Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)

- **Tuesdays and Thursdays** the Fitness Room will be open from **6:00 p.m. to 8:00 p.m.** for Senior Citizens age 55 and over. Please enter through the 2<sup>nd</sup> set of doors and be sure to sign-in.



**CARDS** - Card tables available for your use on a daily basis.



**BILLIARDS/POOL** - Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 p.m. to 3:45 p.m.



**COMPUTER LAB** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m.

**REGULAR SCHEDULED ACTIVITIES:**



- **EXERCISE CLASS** meets every Monday and Thursday mornings at 9:00 a.m.



- **CRAFTY CREW** will meet on Tuesday mornings from 9:00 a.m. to 12:00 noon. Look forward to seeing you with all of your ideas.



- **LINE DANCE LESSONS** 6:30-8:00 p.m. on **Wednesdays in March**. Cost of the session is \$3.00. Please wear tennis shoes.



- **SINGING SENIORS** meet Friday mornings at 10:00 a.m. at the Arnold F. Habig Community Center. We will sing at **St. Charles Health Campus** on **Friday, March 10<sup>th</sup> at 10:00 a.m.** All voices are welcome!!

- **BINGO** will be held on **Tuesdays, March 14<sup>th</sup> and 28<sup>th</sup>** with games beginning at 12:00 noon. We ask you to keep bills to \$5 and under or correct change. Thanks for your cooperation. Cost \$1.00 per card to play all 50 games. Beginning at 11:30 a.m. someone will be there to collect.



- **QUILTING BEES** will be held on **Mondays, March 13<sup>th</sup> and March 27<sup>th</sup> from 9 a.m. to 3 p.m.** Lunch will be served.

## RAINBOW MESSENGER

### MARCH, 2006

- **TCE/VITA TAX ASSISTANCE:**

Older Americans, Huntingburg Senior Center and Ferdinand Senior Center will offer income tax assistance for Senior Citizens. Volunteers will be available to file your income taxes by appointment. The following lists each Center's date and time volunteers will be available. Please call for an appointment first.

- Older Americans will have volunteers on Mondays and Fridays. Call: 482-4455 for an appointment.
- Huntingburg Senior Center will take appointments for Mondays. To make an appointment, please call 683-2994.
- Ferdinand Senior Center will offer assistance on Tuesdays by appointment. To make an appointment call 367-2300.

**BE SURE TO BRING:** Copy of last year's tax returns (2004), all W-2's and 1099's, information for other income, information for all deductions and/or credits. (Basically any form of income.) Please wait until you have all of your papers before making an appointment. This could save you from possibly having to re-file.

- **CARD TOURNAYS**

- **Thursday, March 9<sup>th</sup>** – Cinch Tourney.
- **Thursday, March 23<sup>rd</sup>** – Rum Tourney
- **Thursday, March 30<sup>th</sup>** – Euchre Tourney

Games start at 12:00 (noon)

- **BLOOD PRESSURE CHECKS**

- **Tuesday, March 14<sup>th</sup>** from 11:30 to 12:00 noon.

- **SUNDAYS:** We want to thank you for your cooperation on opening the Center on Sundays. It was very much appreciated. Please keep it going. Remember the hours are from 1:00 to 4:00 p.m. You can call us at: 482-4455 to volunteer for a Sunday or a sign-up sheet is at the front desk.

- **SPECIAL ACTIVITIES**

The **Lunch Bunch:** Join us for lunch at 12:30 p.m. on **Monday, March 27<sup>th</sup>** at the new Long John Silver's Restaurant. Please call your **reservations** in by **12:00 noon on Friday, March 24<sup>th</sup>**. Come out, order what you want, and pay for your own meal. Join us for a tour at the Dubois County Museum before the lunch bunch.

- **CATERED MEAL:** Do you like sauer kraut? If so you'll really enjoy our catered meal on **Monday, March 13<sup>th</sup> at 11:30 a.m.** The Menu is: Sausage Links, Sauer Kraut, Mashed Potatoes & Gravy, Green Beans, Decaf Coffee or Iced Tea and Fried Biscuits & Apple Butter for \$5.50 a plate. Reservations are due by **12:00 (noon) Monday, March 6<sup>th</sup>**. Money will be collected at the door. Das Ambrose is catering the event.

- **CARRY-IN:** This month our carry-in will be held on **Tuesday, March 21<sup>st</sup> at 11:30 a.m.** We will feature 2 kinds of soup. We're having mock turtle soup and cream of broccoli soup. Please bring something to go with the soup. We need your reservations by **3:00 p.m. on Monday, March 13<sup>th</sup>**. Cost is \$2.50 for soup, table service and drink. We will collect at the door.



**RAINBOW MESSENGER**  
**MARCH, 2006**



- **SENIORS COFFEEHOUSE: A WRITERS GROUP:**

Seniors Experience the Arts (SETA) is hosting a creative writing adventure at the Older Americans located at the Arnold F. Habig Community Center on **Wednesdays, March 15<sup>th</sup> and 29<sup>th</sup> at 2:00 p.m.** Our first project is called "Legacy." You will be given a list of questions where you will answer them. For example, "What was your first date with Mom/Dad like?" Or, "Where did you go on your honeymoon?" "What was your favorite job?" "Why?"

Bring your notebook and a pen so you can share your legacy with your family. It will become a precious gift for your future generations. If you have difficulty writing, then we have special people who will assist you.



Please let us know that you're coming so we are sure to make room for you! Call Tracy Wright at: **482-2233 ext. 306** today.

- **SENIORS EXPERIENCE THE ARTS:** Our first Classic Movie Appreciation Day!! Come watch "**THE MIRACLE WORKER**" at the Arnold F. Habig Community Center on **Thursday, March 2<sup>nd</sup> at 1:00 p.m.** It's FREE!! If you see the movie, then you will receive a discount ticket to the play being performed at the Jasper Community Arts Center on March 24, 25, 26, 30, 31 and April 1, 2006. (The 26<sup>th</sup> and 1<sup>st</sup> are matinees.) Reserve your seat today by calling: 482-4455.

- **TRIP:** This month we are offering a trip to tour the Dubois County Museum on **Monday, March 27<sup>th</sup>.** The Tour starts at **11:00 a.m.** We'll meet over there. They will take donations for your tours. If you haven't been there, it's a lot of local history inside the building at 2704 Newton Street. Dubois County Museum is "known as the largest county museum in the state of Indiana, this museum showcases the rich German Heritage and History of Dubois County area." Various exhibits include: a log cabin, buffalo, Veteran's display, farm machinery, Schutz's shoe shop, silver smelter plus much more. Call your reservations in by **10:00 a.m. on Thursday, March 16<sup>th</sup>** for the Museum Tour. (Since we'll meet you over there, you can just call your reservations in like our Lunch Bunch.)

- **FUTURE TRIP – CASINO AZTAR:** The trip is set for **Thursday, April 27<sup>th</sup>.** We will leave the Armory parking lot at **8:30 a.m.** for the boat with pick-ups in Huntingburg, if requested. You will receive \$5.00 in tokens plus buffet or \$7.00 off meal at certain Casino Aztar Restaurants. We'll return home around 4:00 p.m. **Sign-ups** will start at **1:00 p.m. on Wednesday, March 22<sup>nd</sup>** for Senior Citizens 55 and over. Each person can sign up to 4 Dubois County Senior Citizens at one time for Casino Aztar. Cost of the trip is \$7.00. We'll pass the manifest around on the bus for you to fill out.



**GREEN CARNATION SALE:** Can you believe it's time for our annual **RSVP / Older Americans GREEN CARNATION SALE?** It will be on **Friday, March 17<sup>th</sup>.** We need Senior Citizens to help deliver carnations and to work the sale booths. Anyone wishing to volunteer contact the Center at 482-4455.

RAINBOW MESSENGER  
MARCH, 2006



HAPPY MARCH BIRTHDAYS!!

2 <sup>nd</sup>	Linus Stenftenagel
3 <sup>rd</sup>	Florentine Mathias
5 <sup>th</sup>	Theresia Zoglman – St. Charles Health Campus
6 <sup>th</sup>	Ardella Johanneman
8 <sup>th</sup>	Faye A. Lee
9 <sup>th</sup>	Eula Limp
12 <sup>th</sup>	Oscar Schroeder
12 <sup>th</sup>	Chester Hanebutt
17 <sup>th</sup>	Thelma Coffey
20 <sup>th</sup>	Naomi Kenworthy

- **AARP NEWS:** The Dubois County Chapter #1953 will meet **Wednesday, March 8<sup>th</sup>, 2006 at 1:30 p.m.** at the Arnold F. Habig Community Center. Our guest speaker will be Lisa Miller from the Jasper Police Department.

- Board Members will meet at **1:00 p.m.**